Active Reading
Read and Understand

Power Hour for Active Reading!

1. Preview/Skim (5 minutes)
   - Read the table of contents to find out how information is organized.
   - Read/think about the chapter title – how can it guide you to look for information while you read?
   - Flip to the summary at the end of chapter to find out what to look for while reading.
   - Do you already know something about this topic?
   - What is the purpose of reading this text?
   - Can you predict the main points/major ideas that you need to know?
   - Can you predict possible test questions?

2. Get Involved (40 minutes)
   - Look for definitions of unfamiliar terms. Is there a word list in the back of the chapter? How could you use that while reading?
   - Turn chapter subheadings into questions and look for answers.
   - Read a short section, then close book and summarize aloud or on paper, in your own words. Check your accuracy with the text.
   - Stop and think. How does the reading tie in with what you have been studying in class?
   - Summarize the main theme(s) in each section or chapter.

3. Break (10 minutes)
   - Give your brain a break and step away from the information for a short period.

4. Evaluate (5 minutes)
   - Can you answer review questions at the end of the chapter?
   - Can you summarize aloud each section of the reading?
   - Can you use the new terms to discuss the reading?
   - Can you tie together the lecture notes and the reading?
   - Can you hypothesize and ask “what if…” questions?
   - Can you articulate questions to ask your professor?

Have you ever read a chapter and said, “Huh?”
Try one of these techniques to help you get more out of your reading!

Choose a passage or a portion of a chapter in your textbook. After reading it through, choose one of these strategies to determine how much you learned and how much you still need to find out!

1. One sentence summary
Answer the following, as briefly as possible, in relation to the reading:

Who?______________________________________________________________
Does/Did/Will do what?______________________________________________
To/For whom/what?__________________________________________________
How?________________________________________________________________
When?________________________________________________________________
Where?________________________________________________________________
Why?_________________________________________________________________

✓ Then write one or two sentences in your own words that summarize the main point(s) of the reading.

2. Decoding
Answer the following in words or phrases, not complete sentences:

What is the reading about?
______________________________________________________________
______________________________________________________________
______________________________________________________________

What is the main point that the author wants me to learn from the reading? (Find and copy the main idea sentence)
______________________________________________________________
______________________________________________________________
______________________________________________________________

Identify and list several primary details that support the main idea:

1. ______________________ 2. ______________________ 3. ______________________