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| “My professors are talking about PowerPoint presentations, Excel spreadsheets and other computer skills that I know nothing about! Where can I go for help?” | 1. Talk to your professors about your concerns. Try to make an appointment, or see him/her during office hours, as professors are often rushed in between classes  
2. Go to Information Technology on the CofC webpage, and click on 'Students' to find links to learning about technology at CofC.  
3. Go to the Student Support Desk on the first floor of the Addlestone Library, or email the technicians with your questions: StudentComputingSupport@cofc.edu  
4. The Addlestone Library offers fun, helpful Workshops throughout the semester. These workshops are free and are open to students, faculty, and staff. Email reminders are sent to students on their CMail accounts, or you can ‘Ask a Librarian’ at http://blogs.cofc.edu/refblog/ask-a-librarian. |
| “I haven’t written a research paper in 15 years! MLA, APA – what’s the difference? Also, how do you use the internet for research?” | 1. Attend the 201 Workshop in the Library  
2. Visit the Writing Lab at the CSL, Mon-Thurs, 10 am-9 pm and Friday 10 am -12 pm. The Consultants are always there to help and have handouts on all styles of research papers. |
| “I know that having a college degree will open up many more job opportunities for me, but I have no idea of what those opportunities might be! Can anyone help?” | Become familiar with Career Services. Make an appointment with a staff member in Career Services to talk about job opportunities. Check with them for Work Study, Summer jobs, Cistern online, and Internships opportunities will in college. Career Services is located on the second floor of the Lightsey Center. |
| “I want to make the most of my college experience, but I don’t want to hang out at a fraternity party! Are there other options for a social life?” | 1. Look into the college’s service and leadership opportunities like the Volunteer Corps and Habitat for Humanity.  
2. Find out what clubs and organizations are connected to your major, and get involved!  
3. There are also many sports and recreation activities sponsored through recreational services. For example they organize flag football, kickball and midnight basketball leagues. Altogether recreational services oversee 22 spots clubs! |
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| "I don’t know what classes I need to take for my major, or to finish out my degree. Who do I talk to that can help me figure this out?" | 1. Talk to your Advisor, you can find your advisor’s name by checking your Academic Profile on your My Charleston under the Academic Services tab. Your Advisor can help you set up a plan for every semester until graduation.  
2. Another option is to check your degree works in My Charleston. Degree works is a program that shows you what classes you have taken and what classes you need to be awarded your degree. |
| "I already have an established life with a potential family and job, how do I balance school work in with everything else I have going on?" | 1. Get into the habit of putting time aside just for school work. Make yourself a schedule. Sometimes having everything laid out in front of you can show that you do have some extra time on your hands.  
2. Meet with a study skills coordinator. A study skills coordinator can meet with you every week to help you keep everything in balance and help you develop a healthy schedule. |
| "Are there any meal plans that are available to me as an adult student who doesn’t live on campus?" | Yes, make sure that you check out CofC’s dining services website. There are several meal plan options that are for students who do not live on campus. Some of the meal plans that are available to those who live on campus are also available to those who don’t live on campus. |
| "I am struggling academically and cannot keep up with my classes how do I receive help?" | 1. Talk to your professor! Make sure that you are taking advantage of his/her office hours. Professors see that you are really trying and will help you out as much as possible.  
2. Go to the Center for Student Learning for tutoring and other helpful options. The CSL has six walk-in labs that are open 60 hours a week, which include a Foreign Language, Math, Writing, Accounting, Speaking, and Natural Science Lab. A tutor is also available to help you. If you have a class that is not tutored in the labs stop by the front desk and get the name of an individual tutor. |