Study Skills Workshops 101
Fall 2013

Succeed @ CoF C
September 2 at 5pm, September 3 at 4pm, September 6 at 12pm
- Before vs. CoF C (Learning Pyramid)
- Study Techniques for Different Learning Styles
- Resources at CoF C to Help You

Managing Your Time
September 9 at 5pm, September 10 at 4pm, September 13 at 12pm
- Building your Schedule: Daily, Weekly, Semester
- Study Power Hour
- Overcoming Procrastination

Upgrade Your Strategies
September 16 at 5pm, September 17 at 4pm, September 20 at 12pm
- Reviewing and Organizing Notes From Textbooks and Lectures
- Comprehension and Understanding in Reading
- Note Taking and Reading with Technology or Traditional

Take Better Tests
September 23 at 5pm, September 24 at 4pm, September 27 at 12pm
- Study Techniques for Different Kinds of Tests
- Setting up the Studying Environment
- Overcoming Test Anxiety

Plan for MIDTERM Exams
September 30 at 5pm, October 1 at 4pm, October 4 at 12pm
- Managing Your Time Mid-semester
- Completing Objective and Subjective Exams
- Stress and Test Anxiety Management

Practices of Successful College Students (Student Panel)
October 21 at 5pm, October 22 at 4pm, October 25 at 12pm
- What Worked for Me
- What Went Wrong
- Tips for Success in Difficult Classes

Tools Not Toys
October 28 at 5pm, October 29 at 4pm, November 1 at 12pm
- Sorting Through Technology
- Technology that can Aid Studying
- Concentration and Studying Benefits

Keys to Communication
November 4 at 5pm, November 5 at 4pm, November 8 at 12pm
- Active Listening and Communicating
- Resolving Conflict
- Handling Criticism

Plan for FINAL Exams
November 11 at 5pm, November 12 at 4pm, November 15 at 12pm
- Managing Your Time
- Active Study Strategies
- Stress Management

Monday at 5pm in Berry Residence Hall
Tuesday at 4pm in McConnell Residence Hall
Friday at 12pm in the Center for Student Learning
Study Skills Workshops 201  
Fall 2013

What’s New @ the Library, Guest Speakers: Jared Seay and Jolanda-Pieta (Joey) van Arnhem  
September 5 at 3pm in Room 120 in the Addlestone Library
- EDS (new search for the Library)
- Browzine (app to read Library journals)
- Surviving the VHS Apocalypse and Thriving in the Stream

Let’s Not Meet: Making the Most of Time with Asynchronous Collaboration, Guest Speaker: Jolanda-Pieta (Joey) van Arnhem  
September 12 at 3pm in Room 120 in the Addlestone Library
- Taking Stock: Devices, Programs, and Apps
- Meetings & Scheduling Time
- Getting Together & Working Collaboratively

Notes Re-imagined, Guest Speaker: Jolanda-Pieta (Joey) van Arnhem  
September 19 at 3pm in Room 120 in the Addlestone Library
- Overview of Note-taking and Sketching Apps
- Demo of Jot styles and Sensu paint brush (in Noteshelf)
- Other Similar Products and Where to Find Them

Helpful Apps for Studying and Managing College Life, Guest Speaker: Jolanda-Pieta (Joey) van Arnhem  
September 26 at 3pm in Room 120 in the Addlestone Library
- iStudiez Pro, iProcrastinate, inClass, Outliner, StudyBlue and Quizlet, Evernote, and Tutor Matching Service

A Healthy Mind and Body, Guest Speaker: Michelle Futrell  
October 3 at 3pm in Room 120 in the Addlestone Library
- How Your Nutrition Can Impact Your Studies
- The Do’s And Don’ts Of College Nutrition
- Surviving Stress And Breaks

Current Awareness, Guest Speaker: Jolanda-Pieta (Joey) van Arnhem  
October 24 at 3pm in Room 120 in the Addlestone Library
- Building your Research Toolkit - Going Digital
- Social Bookmarking, RSS & Alerts, and Twitter
- Personalized News Readers

Unpacking Evernote: Apps for Note-Taking and a Repository for Note-Keeping, Guest Speakers: Jolanda-Pieta (Joey) van Arnhem and Laura Plotts  
October 31 at 3pm in Room 120 in the Addlestone Library
- Products: Skitch, Web Clipper, Evernote Clearly, Hello, Food, Peek, Penultimate
- Evernote Integration with Other Apps and Programs
- Evernote Moleskine Smart Notebook - Paper and Digital Interchangeability

Storing and Sharing Information, Guest Speakers: Jolanda-Pieta (Joey) van Arnhem and Hannah Lund  
November 7 at 3pm in Room 120 in the Addlestone Library
- Enhance Communication and Efficiency
- GoogleApps: What is it good for?
- Dropbox: File syncing and sharing

Advanced Writing Strategies, Guest Speaker: Melissa Thomas  
November 14 at 3pm in Room 120 in the Addlestone Library
- Overcoming Writing Blocks and Writing Myths
- Drafting Strategies
- Organizing Your Writing

Thursday at 3pm in Room 120 in the Addlestone Library  

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